



2024 STATE CHAMPIONSHIPS

PARENT INFORMATION PACK

2024 STATE CHAMPIONSHIPS

The 2024 Basketball WA State Championships is a series of competitions that run over five weekends from mid-November through to mid-December.

Every Perth-based and country-based basketball association is invited to enter in each of the following age groups, girls and boys.

- **U11** (athletes born in calendar year 2014/2015/2016)
- **U13** (athletes born in calendar year 2012/2013)
- **U15** (athletes born in calendar year 2010/2011)
- **U17** (athletes born in calendar year 2008/2009)
- **U19** (athletes born in calendar year 2006/2007)
- **U20 Women** (athletes born in calendar year 2005/2006/2007)

Athletes compete in the following divisions:

- **Championship Division**
- **Divisions 2-5**

The relevant 2024 competition dates are:

- 16/17 November 2024
U11 Boys & U13 Girls (Divisions 2-5)
- 23/24 November 2024
U11 Girls & U15 Boys (Divisions 2-5)
- 30 November / 1 December 2024
U13 Boys & U15 Girls (Divisions 2-5)
- 7/8 December 2024
U17 Boys, U17 Girls, U19 Boys & U20 Girls (Divisions 2-5)
- 13/14/15 December 2024
State Titles – All Championship Divisions across all age groups.

Friday games are played after school hours.

2025 WABL

The WA Basketball League (WABL) is WA's representative elite junior basketball competition. Basketball associations (clubs) from Perth, the Hills, Rockingham, Mandurah, and Bunbury field teams in this competition.

Currently each club is invited to enter up to four teams (10 players per team) in each of the following age categories, boys and girls, for 2025:

- **U12** (athletes born in calendar year 2014/2015/2016)
- **U14** (athletes born in calendar year 2012/2013)
- **U16** (athletes born in calendar year 2010/2011)
- **U18** (athletes born in calendar year 2008/2009)
- **U20** (athletes born in calendar year 2006/2007)
- **U21 Women** (athletes born in calendar year 2005/2006/2007)

Currently each age group has up to six divisions. In 2024, the divisions were:

- **Championship Division**
- **Division 2**
- **Division 3**
- **Division 4**
- **Division 5**
- **Division 6**

In order to play in the 2025 WABL season for the Lakeside Lightning, athletes will need to have been selected for and played in the 2024 State Championships competition.

Consideration will be given to athletes who have not played in the State Championships competition due to injury or other reasons, with final discretion exercised by the Head of Coaching in consultation with the Lightning Leadership Team.

State Championships Trials

Registration

In order to be considered for selection to play for the Lakeside Lightning in the State Championships competition, athletes need to complete the online registration, pay the fee and complete the selection trials.

Registration is now open:

<https://www.playhq.com/basketball-wa/register/20cf8e>

If you played for another WABL association in 2024, and intend to try out for the Lakeside Lightning 2024 State Championships / 2025 WABL teams, please note that we will be taking a limited number of athletes transferring from other WABL Associations. That will especially be the case in age groups Under 15/16 and upwards.

Who can register?

Anyone can register for the selection trials, as long as they are born in the relevant calendar years set out above.

There are three phases for the trials:

• PHASE 1:

On 4, 5 and 6 October, there will be 'Open Try-Outs' for athletes who did not play WABL for the Lakeside Lightning in 2024. Those athletes who did play WABL for Lakeside Lightning in 2024, should not attend these sessions. After Phase 1, coaches will select athletes from the Open Try Out who they want to progress to the next round of trials. Before noon on October 8, parents will receive an email advising if their child has been successful in progressing to Phase 2 of the try-outs. The relevant dates and times for the 'Open Try-Outs' are:

Friday October 4th Lakeside Recreation Centre

7:00 - 9:00pm	U19 Boys & U20 Girls (Lakeside Stadium 1) U17 Girls (Lakeside Stadium 2)
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Saturday October 5th (Lakeside Stadium 1)

7:30 - 9:30am	U11 Bottom Age Boys (born 2015 or 2016)
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9:30-11:30am	U11 Top Age Boys (born 2014)
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Sunday October 6th

1:00 - 3:00pm	Under 11 Girls Lakeside Stadium 1	U13 Bottom Age Boys (born 2013) Lakeside Stadium 2
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3:00 - 5:00pm	U13 Girls Lakeside Stadium 1	U13 Top Age Boys (born 2012) Lakeside Stadium 2
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5:00 - 7:00pm	U15 Girls Lakeside Stadium 1	U15 Bottom Age Boys (born 2011) Lakeside Stadium 2
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7:00 - 9:00pm	U17 Boys Lakeside Stadium 1	U15 Top Age Boys (born 2010) Lakeside Stadium 2
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• PHASE 2:

There will then be 4 selection training sessions, held over a 2 week period.

All 2024 Lakeside WABL players are eligible to attend these trials, but still need to register.

At any point during these Phase 2 trials, an athlete may be informed via email that they are not progressing to the next selection training session.

2024 Lakeside WABL players are not guaranteed a place in a 2024 State Championship Team.

The relevant dates and times for 'Selection Trials' are:

Monday, October 7 and 14:

7:30 - 9:15pm	U17 Boys (Kennedy Baptist College)
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Tuesday, October 8 and 15:

7:00 - 8:30pm	U20 Women (Lakeside Court 1)
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8:30 - 10:00pm	U19 Men (Lakeside Stadium 1)
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Thursday, October 10 and 17:

5:00 - 6:10pm	U11 Girls (Kennedy Baptist College)
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6:10 - 7:20pm	U11 Boys (Kennedy Baptist College)
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4:15 - 6:00pm	U13 Girls (Lakeside Stadium 2)
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4:15 - 6:00pm	U13 Boys (Lakeside Stadium 1)
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6:00 - 7:45pm	U15 Girls (Lakeside Stadium 2)
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6:00 - 7:45pm	U15 Boys (Lakeside Stadium 1)
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7:45 - 9:30pm	U17 Girls (Lakeside Stadium 1)
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Saturday, October 12 and 19 at Lakeside Recreation Centre:

8:00 - 9:30am	U11 Boys (Stadium 1)
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9:30 - 11:00am	U11 Girls (Stadium 1)
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4:15 - 5:45pm	U13 Girls (Stadium 1) & Boys (Stadium 2)
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5:45 - 7:15pm	U15 Girls (Stadium 1) & Boys (Stadium 2)
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7:15 - 8:45pm	U17 Girls (Stadium 1) & Boys (Stadium 2)
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The State Championship Teams will then be announced before noon on Tuesday the 22nd of October.



• Phase 3

From Tuesday, 22nd October onwards, athletes train as per the attached Training Calendar.

Please note that all Under 11 Boys and Girls have a Thursday training session and a compulsory Saturday Skills session (exemptions can be considered upon request to wabl@lakeside.asn.au).

Please also note that athletes selected in Team 1 for their age group will have one weekday training session with their entire age cohort, and a second session for Team 1 only on Saturday mornings. That Saturday session will be for 1 hour on half a court. Athletes outside of Team 1 may be invited to this session by their Lead Coach.

All players who make the top 2 teams for State Championships, are guaranteed a place in a 2025 WABL team. After the final State Championships, the 2025 WABL teams will be announced (allowing some flexibility as required by each Lead Coach in consultation with the Head of Coaching and the Lightning Leadership Team).

Representative Expectations

Selected Athletes will be expected to participate in the Lakeside Domestic Competition in 2025.

Athletes should only trial for State Championships if they intend to also play WABL for Lakeside Lightning in 2025.

Trials

Athletes should arrive at least 20 minutes early to their try outs so that their names can be marked off and players can receive their trial number (written on their shoulder).

Players should bring the following items:

- **The correct size basketball for your age.** Please ensure it is clearly labelled with your name, and preferably phone number too. U11's Size 5, U13's Size 6, all other girls age groups size 6, and all other boys age groups size 7.
- **filled water bottle**
- **A mouthguard** (compulsory)
- **A towel**

Athletes must wear the following:

- **A Lakeside Lightning reversible** or other REVERSIBLE SINGLET.
- **Black shorts** with no pockets.

Players are expected to attend all scheduled training sessions unless unwell. Injured players are still expected to attend training.

If 2024 Lakeside WABL players trial for multiple clubs, we require you to advise Lakeside of this during registration.

Fees & associated costs

Fees for 2024 State Champs will be:

- **Registration Fee for trials** – \$40
- **State Champs Fee (if selected for a team)** – \$90

To help with forward planning, those selected to play 2025 WABL, should plan to pay the WABL Registration Fee by February 2025.

In 2024 our WABL Registration Fee was \$470 and our WABL Day Camp Fee was \$100. In 2025, those fees will be combined into one payment of \$600.

Payment plans will be available through PlayHQ's partnership with Paypal.

What is included in the \$600 WABL Fee?

- **1 Day WABL Camp (End of January School Holidays)**
- **Term 1, 2 and 3 WABL Training Program**
- **Term 1, 2 and 3 Saturdays Skills Program for U12, U14 & U16 Athletes**
- **Term 1 WABL Grading Tournament**
- **WABL loan jersey**
- **Team Photo**

On top of this, each Stadium currently charges a WABL game fee of \$15 per game for each player. Spectators are currently free.

Athletes selected for 2025 Lakeside Lightning WABL teams will also be required to purchase:

- **Lightning Training Uniform** (Lightning Shorts & Lightning Reversible Singlet available from front reception)
- **Lightning WABL Shorts** (Available online)
- **Lightning WABL Warm-up Top** (Available online)

For athletes selected to play in a 2025 Lakeside Lightning WABL team, please note that the Saturday Skills Program will run on Saturday mornings in school terms 1, 2 and 3. This is for U12, U14 and U16 Athletes. These sessions are compulsory, but exemptions are available for athletes who have other extra-curricular commitments on a Saturday morning. Please note that domestic basketball at another association will not qualify for an exemption.

In 2024, the majority of our WABL Teams had their weekly team training and their Saturday Skills session at Lakeside Recreation Centre. Our WABL Team 4's had their weekly team training at CBC, Fremantle, and our WABL Team 3s and 4s had their Saturday Skills session at CBC, Fremantle. Further some WABL teams had their weekly team training at Kennedy Baptist College. Parents and athletes should be aware that there will likely be similar arrangements in 2025.

Uniforms & what to wear to trials

For 2024 State Championship Trials, new players must wear a REVERSIBLE SINGLET and black shorts (without pockets) to trials.

If selected for a 2024 State Championships Team, each player will be provided with a playing uniform to use on their relevant State Championships weekend. First time Lightning players should also purchase the Lightning training uniform.

Contact Us

If you have any queries that are not answered in this document, please direct them to wabl@lakeside.asn.au

State Champs Training Grid

		Lakeside Court 1	Lakeside Court 2	Lakeside Court 3	Lakeside Court 4	Kennedy Court 1	Kennedy Court 2
MONDAY	7:30 - 8:30pm	WNBL1 Open Scrimmage					
	8:30 - 9:30pm	NBL1 Open Scrimmage					
MONDAY	7:30 - 9:15pm						U17 Boys
TUESDAY	7:00 - 8:30pm	U20 Women					
	8:30 - 10:00m	U19 Men					
THURSDAY	4:15 - 6:00pm		U13 Boys		U13 Girls		
	6:00 - 7:45pm		U15 Boys		U15 Girls		
	7:45pm onwards		U17 Girls				
THURSDAY	5:00 - 6:10pm						U11 Girls
	6:10 - 7:20pm						U11 Boys
SATURDAY	7:30 - 8:30am		U11 Boys (Compulsory Skills Session for all players)				
	8:30 - 9:30am		U11 Girls (Compulsory Skills Session for all players)				
	9:30 - 10:30am		Team 1 Only Training Session: U13 & U15 Boys & Girls				
	10:30 - 11:30am		Team 1 Only Training Session: U17 Boys & Girls U19 Men & U20 Women				

Critical Dates

Registrations for State Champs Trials close:	October 1st
Open Try-Outs:	October 4, 5 or 6
Phase 2 selection trials commence:	October 7 Commencement
State Championship teams announced:	October 22nd
Registrations for State Championships open:	October 24th
Registrations for State Championships close:	November 7th
Team training commence:	From October 22nd onwards, and conclude in the session before your relevant tournament weekend. Players in Team 2 may be asked to continue training with Championship Teams up until the final State Titles weekend.
WABL teams announced: (to the maximum extent possible)	On or before December 19th
WABL 2025 Camp:	Tuesday January 28th – U18's & U20's Wednesday January 29th – U12's Thursday January 30th – U14's Friday January 31st – U16's

