



# CODE OF CONDUCT

Lakeside Recreation Centre is owned by Lakeside Baptist Church. At Lakeside, we believe everyone who enters our centre has the right to feel safe on and off the court. Our aim is to hold ourselves, and others to a high moral standard. Sport is intended to be a recreational activity for enjoyment and health.

This code of conduct has been developed to give participants some guide to the expectations it has on those participants. It is intended to assist everyone to obtain the maximum benefit and enjoyment from their involvement in any sport at Lakeside Recreation Centre.

## PLAYERS

1. Understand and play by the rules.
2. Respect referees and other officials.
3. Control your temper.
4. Work equally hard for yourself and for your team.
5. Demonstrate "Fair Play".
6. Treat all players as you would like to be treated.
7. Win or lose play for the "enjoyment of it".
8. Respect the rights, dignity and worth of every person, on and off the court, including social media.
9. Listen to the advice of your coach and try to apply it at practice and in games.
10. Always respect the use of facilities and equipment provided. Deliberate damage to property will not be tolerated.

## COACHES

1. Remember that sport is for enjoyment of all parties.
2. Be reasonable in your demands
3. Teach understanding and respect for the rules.
4. Give all players a reasonable amount of court time.
5. Develop team respect for the ability of opponents including their coaches.
6. Instil in your players respect for officials and an acceptance of their judgement.
7. Guide your players in their use of social media, and in their interaction with parents and spectators.
8. Be prepared to lose sometimes
9. Act responsibly when players are ill or injured.
10. As well as imparting knowledge and skills, promote desirable personal and social behaviors – be a leader!
11. Keep abreast of rule changes.
12. Ensure that any physical contact with a player is appropriate.
13. Avoid personal relationships with players.
14. Respect the rights, dignity and worth of every person.
15. Always respect the use of facilities and equipment provided. Deliberate damage to property will not be tolerated.

## PARENTS

1. Encourage your children to participate for their own interest and enjoyment, not yours.
2. Encourage children to always play by the rules.
3. Teach children that an honest effort is always as important as a victory.
4. Focus on developing skills and playing the game. Reduce the emphasis on winning.
5. A child learns best by example. Applaud good play by all teams.
6. Do not criticize yours' or others' children.
7. Accept decisions of all referees as being fair and called to the best of their ability.
8. Set a good example by your own conduct, behavior and appearance.
9. Support all efforts to remove verbal and physical abuse from sporting activities. Abusive behaviour will result in instant dismissal from the centre under the "ugly parent rule".
10. Guide your player/child in their use of social media, and in their interaction coaches and spectators
11. Respect the rights, dignity and worth of every person.
12. Show appreciation for volunteer coaches, officials and administrators.
13. Keep children in your care under control, while in the Centre.
14. Always respect the use of facilities and equipment provided.
15. Leave coaching, to the Coach.
16. Keep your emotions in check – be enthusiastic but don't use bad language or shout at others.

## SPECTATORS

1. Remember that most people play sport for enjoyment.
2. Accept decisions of all referees as being fair and called to the best of their ability even when you believe they are wrong.
3. Always be positive in your support for players. (Applaud good play by all teams)
4. Condemn the use of rough play and violence in any form.
5. Respect your team, the opponents, officials and other spectators through your verbal and non-verbal actions.
6. Encourage players to obey the rules and to accept decisions of officials.
7. Encourage the promotion of respect, dignity and integrity in sport by showing appropriate social behavior, by not using foul language or harassing players, coaches or officials.
8. Respect the rights, dignity and worth of every person.
9. Keep children in your care under control, while in the facility.
10. Always respect the use of facilities and equipment provided