

HOME GAME

PROGRAM

W 6 PM

M 8 PM

SAT 1 APRIL



LAKESIDE LIGHTNING NBL1 SEASON 2023



MESSAGE FROM

JARRAD PRUE



Hello Lakeside Family

Welcome to the first home game of the season! As always I would like to thank the hard work of everybody involved in the club, including those behind the scenes, who make it possible for the club to operate and continue to impact the lives of so many people. To the coaches, players, managers, volunteers, sponsors, supporters and employees, there are too many to mention individually, however I am truly grateful for everyone involved with the club and the time you invest that goes well beyond basketball.

2023 is going to be a big year for our club, as we welcome some new faces and welcome back some familiar faces re-joining the club to support the core group of players in both squads. Whilst there are still pieces to add to both squads I am confident the style of play under the new Head of Coaching Mike Malat will be one that will be entertaining for all.

Cheer loud for your teams tonight, go Lightning!

“Where its more than a game”

JARRAD PRUE

PRESIDENT, LAKESIDE LIGHTNING

LAKESIDE RECREATION CENTRE

APRIL 2023

BASKETBALL CAMP



PASSING



BALL HANDLING



COACHING



DEFENCE



SHOOTING

INFORMATION

April 11th - 14th

Am Camp 6-10yrs
Pm Camp 11-16yrs



REGISTRATION FEE

\$140

Early Bird \$120 (6th March)

AGE GROUPS:
U12 U14
U16 U18

BOYS & GIRLS
DIVISIONS



HIGH INTENSITY
FAST-PACED
BASKETBALL

MUSIC, PRIZES
UP FOR GRABS



EVENT DETAILS :

21ST APRIL 2023

WWW.LAKESIDE.ASN.AU

\$80
PER
TEAM



LAKESIDE RECREATION CENTRE



LAKESIDE LIGHTNING NBL1

WOMEN'S ROSTER 2023

No.	Name	Age	Height (cm)	Position
4	Tayah Morgan	18	173	Guard
7	Druvinka Fernando	19	176	Guard
8	Taryn Priestly	33	168	Guard
9	Jade Gowland	21	183	Forward
10	Ruby Benn	23	172	Guard
12	Jae Flynn	23	168	Guard
15	Emma Burke	23	184	Forward
24	Molly Wilson	20	176	Guard
25	Caitlyn Jones	21	177	Guard
32	Taylah Figliomeni	19	170	Guard
33	Kylee Ann Smith*	28	181	Guard
34	Hollie Tucek	19	173	Guard

Head Coach:	KATE OEIJ
Associate Head Coach:	MIKE MALAT
Assistant Coaches:	Courtney Beavis and Hayley Mant
Manager:	Tracey Agrez
Chaplains:	Leanne Thom and Meredith Armstrong
Physiotherapist:	Shane Troy (Bibra Lake Physiotherapy)

REFEREES

CREW CHIEF: DANIEL COFFEY

UMPIRE 1: ETHAN LLOYD

UMPIRE 2: ALEXANDRA ROWAN

EDUCATOR: GREG HISLOP

***Restricted Player*

PERRY LAKES HAWKS NBL1

WOMEN'S ROSTER 2023



2023 Team Rosters

Women's NBL1

No.	Name	Age	Height (cm)	Position	Junior Club
4	Annika Renkema (c)	28	178	Guard	Denmark (WA)
5	Mia Satie	23	177	Guard	Perry Lakes Hawks
6	Charlotte Graziano	17	174	Guard	Warwick
7	Emma Clarke	24	182	Guard	Perry Lakes Hawks
9	Rylee Kerr	20	173	Guard	Perry Lakes Hawks
11	Danika Pisconeri	31	194	Forward	Waroonna
12	Ellie Newman	20	185	Forward	Perry Lakes Hawks
14	Jenna Teasdale	20	185	Forward	Perry Lakes Hawks
15	Malia Tharpe	18	170	Guard	Perry Lakes Hawks
20	Madeleine Dennis	26	189	Forward	Warwick
22	Morgan Ballantyne	25	173	Guard	Mandurah
23	Millie McCarthy	18	168	Guard	Perry Lakes Hawks
25	Ash Isenbarger	25	188	Fwd/Centre	Lakeside
30	Beige Harris	21	182	Guard	Bunbury

* restricted

Head Coach: Craig Mansfield
Assistant Coach: Mark Matthiessen
Assistant Coach: Matt Mercer
Assistant Coach: Adrian Majstrovich
Team Manager: Jane Lowther
Strength & Conditioning: Vihaan Murali
Physio: Lachie Arnott - Ascend Physio



LAKESIDE LIGHTNING NBL1

MEN'S ROSTER 2023

No.	Name	Age	Height (cm)	Position
1	Max Richards	22	201	Forward
2	Kyle Armour	33	185	Guard
3	Nick Palleschi	27	180	Guard
4	Cameron Armstrong	30	186	Guard
6	Justin Bennett	20	194	Forward
7	Joshua Davey	23	198	Forward
8	Ezekiel Grida	20	188	Guard
10	Ben Lee	28	188	Guard
11	Patrick Odingo	18	178	Guard
12	Daniel Green*	30	208	Centre
25	Tom Parkinson	34	200	Forward
34	Dominic Jackson	25	203	Forward

Head Coach:	MIKE MALAT
Assistant Coaches:	Zac Cuff, Frank Johnson & Luke Grida
Manager:	Jordan Rees
Chaplains:	Braden Fildes & Travis Penman
Physiotherapist:	Shane Troy (Bibra Lake Physiotherapy)

REFEREES

Crew Chief: Scott Campbell
Umpire 1: Nick Sokolich
Umpire 2: Chris Carter
Educator: Greg Hislop

***Restricted Player*

PERRY LAKES HAWKS NBL1

MEN'S ROSTER 2023



Men's NBL1

No.	Name	Age	Height (cm)	Position	Junior Club
1	Braelyn Dale	18	199	Forward	Perry Lakes Hawks
5	Robert Cassir	31	195	Guard	Willetton
6	Adrian Nobensi	22	183	Guard	Perry Lakes Hawks
7	Dan Alexander *	31	203	Forward	United States
10	Cooper Hamilton	24	192	Grd/Fwd	Perry Lakes Hawks
11	Harry Imison	21	189	Guard	Perry Lakes Hawks
12	Lewis Thomas	31	202	Forward	Warwick
13	Bailey Cole	25	202	Forward	Perry Lakes Hawks
15	Nick Floyd	20	195	Forward	Perry Lakes Hawks
20	Matt Leary	22	189	Guard	Albany
21	Jack Isenbarger	31	188	Guard	USA
24	Neema Kazemi	23	195	Forward	Perry Lakes Hawks
33	Ben Purser (c)	33	200	Forward	Perry Lakes Hawks
41	Mtchell Clarke (c)	23	185	Guard	Perry Lakes Hawks

* restricted

Head Coach:
Assistant Coach:
Assistant Coach:
Assistant Coach:
Assistant Coach:
Team Manager:
Strength & Conditioning:
Physio:

Matt Parsons
Adam Gunnis
Wayne Creek
Luke Coburn
Jackson Mews
Laurie Trengove
Vihaan Murali
Lachie Arnott - Ascend Physio



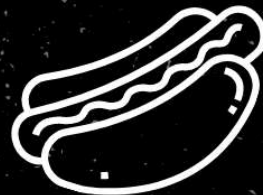
MENU

GAME NIGHT SPECIALS

- Fish Taco's** \$16.50
With Coleslaw & Sriracha Mayo
- Pulled Pork Nachos** \$16.50
Smokey BBQ Pulled Pork, Cheese, Pickled Red Onion & Sour Cream
- Chicken Caesar Salad** \$16.50
Succulent Chicken, Crispy Bacon, Parmesan, Croutons & Creamy Caesar Dressing
- Add a can or water \$19
- Kids Nuggets** \$13.50
6 Nuggets, Chips and a Pop Top Drink
- Kids Cheeseburger** \$13.50
Cheeseburger, Chips & a Pop Top Drink

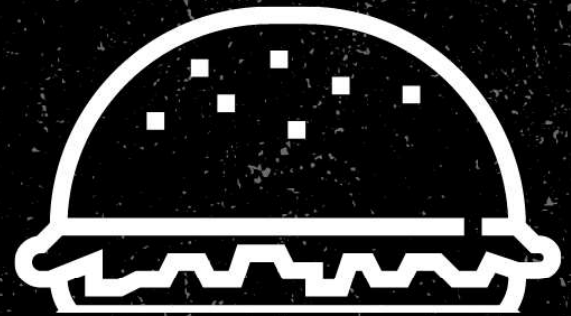
HOTDOG

- Loaded American Style Hotdog** Pork Sausage, Crispy Bacon, Cheese, Onions & Jalapeños with Mustard & Sauce \$12
- Add Chips and a Drink \$17



SIDES

- Sweet Potato Fries** With Sweet Chilli Mayo \$9.00
- Corn on the Cob** With Mexican Butter & Lime Sour Cream \$6.50
- Onion Rings** Tossed in Salt & Pepper \$4.00



BURGERS

- Beef Burger** \$14
With Lettuce, Tomato, Beetroot, Cheese, Mustard, Mayo & Sauce
- Smokey BBQ Beef Burger** \$14
With Crispy Bacon, Onion Rings, Cheese, Pickle, Smokey BBQ Sauce & Mayo
- Chicken Burger** \$14
With Cheese, Tomato, Lettuce & Chipotle Mayo
- Vegetarian Burger** \$14
With Roast Garlic Field Mushroom, Rocket, Roast Capsicum, Halloumi & Aioli (V)
- As a Meal \$19

(Meal includes Chips and Either a Can or 600ml Bottle of Water)



NEXT

HOME GAME



DOUBLE HEADER

FRI APR 14 vs



W 6:30PM | M 8:30PM

AT LAKESIDE RECREATION CENTRE

SAT APR 15 vs



W 6PM | M 8PM

LIGHTNING ARE PROUDLY SPONSORED BY



Thank you



LAKESIDE SPONSORS



PROVIDENCE
CHRISTIAN COLLEGE



Amity Mortgage Solutions

Shamrock Retaining

PARTNERS





BASKETBALL WA



Hydraulic & Fire Protection Services



Department of
Local Government, Sport
and Cultural Industries



LEAGUE PARTNERS

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