



LAKESIDE REC CENTRE POLICY AND PROCEDURES:

# BASKETBALL BY-LAWS

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## The following are the rules and conditions for Lakeside's Basketball Competitions

- The competition is controlled by Lakeside's Centre Management
- These BY-LAWS are effective from 22 April 2003
- (as amended 29/11/2023)

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## 1) Rules and Guidelines

- a) The Lakeside Recreation Centre conducts its basketball competitions in accordance with the F.I.B.A. Basketball Rules and Regulations (see 1.2) unless otherwise stated in the Rules and Guidelines set out in this document.
- b) The F.I.B.A. Basketball Rules and Regulations include any Basketball Australia or Basketball W.A. stated Interpretations of Rules and Regulations.
- c) Alterations to the Centres Rules and Guidelines remain at the total discretion of the Centre's management.
- d) All Centre Rules and Guidelines override any F.I.B.A., B.A. or B.W.A. conflict or perceived conflict of Rules or Regulations.
- e) All participants in Lakeside domestic basketball competitions are required to have read these bylaws in their entirety prior to participation.

## 2) Premiership Table

- a) A points system is in place for determining the weekly standing of each team on the premiership ladder for their respective competition.
- b) Premiership points will not be awarded unless team fees are paid by the deadline required at the start of the season.

### Junior and Senior Points System:

Win - 3pts  
Draw – 2pts  
Loss - 1pts  
Disq. Win - 3pts  
Disq. Loss - 0pts  
Forfeit Win - 3pts  
Forfeit Loss - 0pts  
Abandoned - 0pts  
Cancelled - 0pts  
BYE - 1pts

- c) To determine ladder positions, use the following tests in order:
  - a) Premiership points,
  - b) In the result of equal premiership points, a head to head will be determined, which is determined by wins, then points spread, e.g. a team won by 5, the other team won by 3, then the first team is ranked higher.
  - c) If teams cannot be split by head to head, then the overall points percentage will decide who wins.

### 3) Uniforms

- a) Each team must wear a matching set of playing tops during games with visible numbers on front and back.
- b) All players must wear Lakeside Domestic Shorts. If your team wears pre-existing custom matching shorts you may continue to wear these in 2024 only.
  - a) Lakeside Lightning WABL players may wear their Lightning WABL Shorts.
- c) Each team is allowed a grace period of the first three weeks of a new season to attain qualifying uniforms without penalty.
- d) Loose undershirts are not permitted during the game. Compression wear is permitted. Players will be required to take off any incorrect undergarments, unless approved by Lakeside staff.
- e) No uniforms (shorts or tops) of other basketball associations or clubs may be worn.
  - i) PENALTY - Players wearing the incorrect team uniform after the grace period will receive a 2 point penalty per player. This penalty will be added to the oppositions team score.

### 4) Registration/Nomination

- a) Each team must submit an official online Team Registration Application Form with all details completed. This is an expression of interest only and Lakeside Competitions Team will review your application prior to approval.
- b) Once teams have been approved, Lakeside Competitions team will send the team representative a registration link to register for the upcoming season.
- c) Each nominated team representative will be provided with a confirmation email outlining the competition details and is expected to pass on the information to all team members. Lakeside Competitions Team will deal directly with each nominated team representative only.
- d) Each team member must register to the team online prior to playing and pay all appropriate fees.
  - a) For Senior competitions, each team must pay for their game fees prior to commencement of the game. Games will not commence until game fees are paid in full.
- e) Deposits and fees must be paid as required by the dates listed for a team to be considered active.
- f) The junior fee is a season fee, payable in full prior to playing and is only refundable at the discretion of LRC management in extraordinary circumstances. Request for refunds will be assessed on a case by case basis.

## 5) Competition Eligibility

JUNIORS: Age groups are based upon the players schooling year. Please see the graph below for all age group categories and competition days:

AGE GROUP (2024 school year)	PLAYING NIGHT
PP – Year 1	Friday
Years 2 & 3	Friday
Years 4 & 5	Monday
Years 6 & 7	Wednesday
Years 8 & 9	Tuesday
Years 10 & 11 Boys	Friday
Years 10, 11 & 12 Girls	Tuesday
Years 12	Friday

Junior Competitions: A player must not play for two different teams in the same age group. A player may play for a second team if that team is in an older age group than their primary team and they register for both teams.

LADIES MORNING: A player must not be an established professional or semi-professional basketball player, who has played during the previous two Australian basketball seasons to be eligible for play. Includes NBL, NBL1, WNBL and U.S. College.

- a) Established means, “to have played seven or more games at that level”.
- b) This rule does not include retired players over 30 years of age or mothers that have retired due to childbirth.

SENIOR WOMEN: All women are eligible to participate.

SENIOR MEN: All men are eligible to participate.

VETS: A player must be aged 35 or older to participate in this competition.

SENIOR MIXED: All men and women are eligible to participate.

PENALTY: Any team with an ineligible player will be forfeited for any game that player has played in.

## 6) Scorers

- a) Each team participating is responsible for providing one person capable of accurately filling in the tablet during their game and/or operating the game clock.
  - i) If both teams fail to provide a scorer, the game is to be played 4 v 4 and any subs are to score.

## 7) Timing

- a) There is an allowance of two time-outs per half, per team.
- b) If a game ends in a draw, the score is final. There are no overtime minutes played.

### c) Juniors-Midweek

2 x 20-minute halves with a 1-minute half time  
No time outs in the last 3 minutes of either half

### Seniors-Midweek

2 x 20-minute halves with a 1-minute half time  
No time outs in the last 3 minutes of either half

### Thursday Morning Ladies

2x 20-minute halves with a 1-minute half time  
No time outs in the last 3 minutes of either half

### Saturday Summer- Juniors/Seniors

2 x 20-minute halves with a 1-minute half time  
No time outs in the last 3 minutes of either half

### A Grade

3-minute warm up period  
4 x 8-minute quarters  
1-minute quarter time with 2-minute half time  
Fully timed  
2 timeouts in the first half, 3 timeouts in the second half

## 8) Zone Defence Policy

- a) A no zone policy is applied in Junior Competitions from Pre-Primary to Year 9 age groups. A zone will be judged on if a player(s) is defensively guarding space and not actively guarding a player for an excessive amount of time.
  - i) PENALTY - A team that has been identified as playing a zone by a Court Controller or Referee Coach, will be issued a warning to the coach, if the zone continues then the coach will be issued a technical foul.

## 9) PP-Year 1 Rules

- a) All PP-Year 1 competitions will play with adjusted rules. Teams will be divided into Advanced and Development grades.
  - a) PP-Year 1 will play by the following rules:
    - i) Games will be played on lowered (8ft high) rings
    - ii) Teams are only permitted to play man-to-man defence from the half court, both after a score and any foul/violation.
    - iii) No double teaming if it interrupts gameplay. If play is disrupted the ball will be taken to the sideline for possession.
    - iv) Fouls and major travels will be called.
    - v) 3, 5 and 8 second violation calls will not be called.
    - vi) Cross court violations will not be called.
    - vii) Free throws will be taken from a revised free throw line.
    - viii) Any violation calls made in the backcourt will result in a call being made and the ball being returned to the offensive team.
    - ix) No scores will be displayed on the scoreboards.
    - x) No finals games will be played.
    - xi) Coaches will be allowed on court during the game.
  - b) All PP-Year 1 competitions will not have finals. A presentation will be held on the final week of the season at the end of each team's game. If any teams do not have a scheduled game on the final week will receive an invite to presentations from Lakeside Management.

## 10) Mixed Competition Rules

- a) All Senior Mixed competitions will play with adjusted rules and are subject to being played as a “social” grade
  - b) All Senior Mixed competitions will play with the following adjusted rules:
    - i) Teams are to play with a minimum of 2 players of each gender on the court.
    - ii) All substitutions are “running subs” (do not have to wait for a whistle to sub on or off)
    - iii) Male players may not Jump to defend a female player.
- (a) PENALTY - Play will be stopped and the shot attempt will be counted similar to a goal tend.

## 11) Finals Format and Timing

- a) For All Grades - All Finals are fully timed in the last 3 minutes of the second half
- b) During Grand Finals, the “No Time Out” rule does not apply in the second half. Timeouts can be called in the last 3 minutes of Grand Final games.
- c) In the last 3 minutes, the game clock stops for every violation, foul, jump ball or other whistled stoppage during this time period and does not begin again until the ball touches one of the participating players on the court.
- d) Additionally, in the last 2 minutes of the 2<sup>nd</sup> half or 4<sup>th</sup> quarter, the game clock also stops after each successful score and begins again once the ball is inbounded and touches a player on the court.
- e) The finals format will be chosen at the discretion of Management and can be played over Two weeks.
- f) In the event of a draw at the end of regulation time, a 3 minute fully timed period will be played until a winner is established.

## 12) Eligibility for Finals

- a) Only registered players that has participated in a minimum of one-third of their season’s games will be eligible to play in finals for that team.
- b) An individual player’s name must have been recorded correctly on the scoring device to verify eligibility.
- c) Any scheduled bye games will count towards games played for finals eligibility. Any games forfeited by the team will not count as games played.
- d) Any games played as a fill in player will not count towards finals eligibility.



### 13) Forfeits

- a) If a team forfeits, the non-forfeiting team will have all registered players listed as having played the game for finals eligibility.
- b) Notification of a plan to forfeit is required at least 1 week in advance of the actual game time
  - i) Forfeit fines will be applied if a team forfeits within 1 week of the game in line with the graph below.
  - ii) Fines must be paid before the commencement of the team's next game. Failure to pay by this date may render the team financially in arrears and no game points will be registered.
  - iii) Teams are permitted only Three (3) forfeits per season and may be removed from the fixture on subsequent unannounced forfeits.

JUNIOR		SENIORS WEEKNIGHTS	
More than 1 weeks' notice	No Fine	More than 1 weeks' notice	No Fine
More than 24 hours' notice	\$30	More than 24 hours' notice	\$50
Less than 24 hours' notice	\$50	Less than 24 hours' notice before 5pm on game day	\$70
		Unannounced or after 5pm on game day	\$90
AM SPORTS		SENIOR SATURDAY	
More than 1 weeks' notice	No Fine	More than 1 weeks' notice	No Fine
More than 24 hours' notice	\$45	More than 24 hours' notice	\$50
Less than 24 hours' notice before 9pm night before game day	\$60	Less than 24 hours' notice before 9pm night before game day	\$70
Unannounced or after 9pm night before game day	\$75	Unannounced or after 9pm night before game day	\$90

### 14) Game Scoring and MVP Voting

- a) Scores should be accurately completed on the scoring tablet, writing the first and last name of each participating player adjacent to their uniform number as listed. Players must be courtside, in playing uniform, by the end of half time to be counted as a player of that game on the score sheet.
- b) Grand Final MVP votes are allotted at the end of each Grand Final game by game referees.

### 15) Additional Rules

- a) **Late Points** - 2 point per minute can be awarded to a team who is on the court with the required number of players, who have properly entered their scoresheet details, and who has paid all current game fees by the start of the official game clock, providing the opposing team has not done likewise.
  - i) Should a team reach a 20 late point penalty, the game will be recorded as a 20 - 0 forfeit.

- b) **Jewellery and other Equipment** - As per FIBA rules, the wearing of jewellery or any other equipment that could cause injury to other players is not permitted.
- i) Ear piercings must be removed, if a piercing is unable to be removed they are to be sufficiently taped up prior to participating in the game.
  - ii) Hair accessories can be deemed unsafe at the discretion of the court controller.
  - iii) Headbands, wristbands and support braces may be worn. Providing they are permitted within the FIBA rules.
- c) **Alcohol/Drugs**- Any player that is deemed to be under the influence of alcohol or drugs will not be permitted to play. This can be determined by whether alcohol/drugs can be detected on a participant's breath and is at the discretion of the referees, Court Controller, or Lakeside staff on duty.
- d) **Swearing**- Any player who audibly swears will receive a technical foul at the discretion of the referee.
- e) **Player Cool Off** – At the discretion of the referee a player may be required to spend 5min off the court "Cool Off". This is to be determined by the referee for incidents of aggression or when a player displays inappropriate behaviour. The team may substitute the said player etc.

## 16) Suspensions & Tribunal

Players are expected to conduct themselves in a sportsmanlike manner before, during and after games. Unsportsmanlike conduct consists of but is not limited to things like:

- a) Abusive language or signs, threatening language or signs, obscene insulting language or signs, adopting a threatening attitude, spitting, hostile or ongoing disputing of decisions, any act of fighting, undue rough play, damage to equipment/venue/clothing, as well as participating while under suspension.

If a referee, court controller or Lakeside staff member deems a players conduct as inappropriate, they can submit an official report to Lakeside's Competition Team. Lakeside's Competitions Team will review all official reports and may choose to suspend a player in line with Basketball WA's suspension guidelines and issue a suspension notice to the offending player. If the conduct is deemed necessary, Lakeside Competitions Team has discretion to convene a tribunal without a suspension notice being issued.

If a player would like to appeal the suspension notice, they will need to provide notice in writing of appealing the suspension notice within 14 days of receiving the original notice. A tribunal fee of \$110.00 will required to be held by Lakeside to hold the tribunal. The following applies for the tribunal fee:

- Tribunal Fee must be paid a minimum of 48 hours prior to tribunal date
- If the suspension is reduced or removed, the player will be refunded the tribunal fee.
- If the suspension is maintained or increased, Lakeside will keep the tribunal fee.

Tribunal Process:

- i) The Tribunal Board consists of a chairperson, a member and a secretary, as appointed by Lakeside Management.
- b) Tribunal times are convened at a time convenient to all parties involved with the intention to be prior to the next fixture game. All Tribunals will be conducted at Lakeside Recreation Centre.
  - i) The referee who made the submission and the co-official from that same game should attend or be contactable at the time of the tribunal.
  - ii) Witnesses to the occurrence may be requested and/or required to attend the tribunal.
  - iii) The player who was reported **must** attend the tribunal. If the player does not attend the tribunal, he/she will not be permitted to play until they attend the tribunal hearing. At Lakeside's discretion, the reported player may be found guilty on all charges and given the maximum recommended penalty.
  - iv) All outcomes from the tribunal are final and there is no further appeals.
  - v) When a charged person admits to the charges laid, in cases that are deemed by a Tribunal Chairman to be a minor offence, on the agreement between the charged person and that Chairman, an appropriate penalty may be negotiated.

## 17) Player Behaviour Policy

Players are expected to conduct themselves within the spirit and intention of the game, along with B.A.'s, B.W.A.'s and Lakeside's Code of Conduct. Players that fail to meet the behaviour standards may be penalised with Technical, Unsportsmanlike and/or Disqualifying fouls at the discretion of the referee.

- a) Players that receive any of the previously mentioned may be reported for the offence should the referee or Lakeside's Competition Management deem it necessary.
- b) Any player that is disqualified, by either receiving 2 technical/Unsportsmanlike fouls or receiving a disqualifying foul will be reported for the offenses and receive an automatic 1 week suspension subject to Lakeside Competitions Team review.
  - i) The automatic suspension may increase or decrease at the discretion of Lakeside's Competition Management after reviewing the facts of the report.
  - ii) Should a player receive multiple suspensions within a season, Lakeside's Competition Management may issue a longer or indefinite suspension from participation in Lakeside domestic competitions.