



**JUNIOR DOMESTIC
SEMESTER 1
PARENT INFORMATION PACK
2026**

2026 REGISTRATION DETAILS

EXPRESSIONS OF INTEREST

In order for your team to be considered to play within our Lakeside Junior Domestic Competition for 2026, allocated Team Managers will need to complete the online Team Registration Application form.

Please note that this form is an **EXPRESSION OF INTEREST ONLY**.

All applications will be reviewed by Lakeside's Competition Team prior to approval. Teams that are approved will be contacted with a registration link to register for the Semester 1 Season. For teams who complete the EOI by 7th December 2025, an outcome will be given by the 18th of December 2025. Teams who submit an EOI after the 7th of December 2025, will be assessed following the Christmas & New Year break.

Team expressions are now open:

[Lakeside Junior Domestic Expression of Interest 2026](#)

If you are a returning Lakeside team we encourage you to register under the same team name used in the 2025 season.

SEMESTER 1 GRADING

In Semester 1 2026, the grading process will see teams participate in three weeks of grading games, playing two teams each round for 20-minute games. Over the course of grading, each team will verse up to six different teams, in the same way as Term 1 2025. Games will be 20 minutes long, with 10-minute halves.

This will allow the competition team additional data and statistics regarding each team's skill level and competitiveness, assisting with a more accurate grading ability after the three weeks.

SEMESTER 2 GRADING

Semester 2 will have a 3 week grading period, with a full game each week.

This grading will take into consideration results from Semester 1.









All movements would be at the discretion of Lakeside to ensure appropriate divisions.

LAKESIDE JUNIOR DOMESTIC 2026

AGE GROUPS

Lakeside's 2026 Junior Domestic seasons will see players organised by their schooling year.

These are our age group allocations, and their corresponding game nights.

| | | |
|------------------------------------|---|------------------|
| PP – YEAR 1 |  | FRIDAY |
| YEARS 2 & 3 |  | FRIDAY |
| YEARS 4 & 5 |  | MONDAY |
| YEARS 6 & 7 |  | WEDNESDAY |
| YEARS 8 & 9 |  | TUESDAY |
| YEARS 10 & 11 BOYS |  | FRIDAY |
| YEARS 10, 11 & 12 GIRLS |  | TUESDAY |
| YEAR 12 BOYS |  | FRIDAY |

2026 PLAYER FEES

PLAYER FEES

Once your team has been accepted, each player will be required to pay a registration fee of \$295.00 per season. This fee does not only cover game fees, but also registration and admin fees. Please note that Player Registration fees are non-refundable, NO refunds for change of mind or withdrawal of teams. Request for refunds will only be considered under extenuating circumstances and IF granted will only be provided via a voucher code.

Continuing that all players must have a Basketball WA membership. This is a fee of \$49.51 for 12-months of coverage. This includes insurance through V-Insurance Group and Basketball Australia's Game Development Levy. Please visit this link for further info regarding insurance:

<https://vinsurancegroup.com/basketball/>

Please visit this link for further info regarding the Game Development Levy: <https://basketballwa.asn.au/game-development-levy/>. Please note the BWA fees did increase at the beginning of 2025

UPFRONT FEES POLICY

Our Lakeside basketball competition operates with upfront season fees. These fees are designed to cover the total costs of running the competition not just the games themselves.

Your season fees contribute to key expenses, which include venue hire, game day staff, including Referee Coaches, Court Controllers and Referees, equipment upkeep, administration, and program coordination.

Our season fee reflects participation in the season as a whole, not on a per-game basis. Because these costs remain fixed throughout the season, regardless of how many games are played fees are applied to participation in the season as a whole and cannot be divided into per game payments or refunded for missed games. Your upfront payment secures your place in the competition and supports a consistent, well-organised season for everyone.

PP – YEAR 1 STRUCTURE

Lakeside's PP – Year 1 2026 competition will see a continuation of the training element within teams allocated weekly game time. This will provide all teams the time to learn fundamental basketball skills and rules from a Lakeside coach/referee to assist in improving their gameplay.

The training element will be scheduled for a 15-minute time period before moving into a 25-minute game (two 12.5-minute halves).

This will be beneficial for all players and coaches as it will allow time within the week to focus on skill development, helping all teams to progress similarly whilst still participating in competitive gameplay.



15-minute Training Allocation

- ✓ Training conducted by team coaches.
- ✓ Support is available to coaches from allocated referees.
- ✓ If requested Lakeside can provide coaching guidelines and information regarding coaching courses.
- ✓ **Aim:** increase game and rule knowledge by assisting and encouraging skill development.
- ✓ In the first 3 weeks of each semester there will be experienced coaches available to support new coaches as they learn new skills



25-minute Game Allocation

- ✓ Two 10-minute halves.
- ✓ **Aim:** provide fun and competitive team games. Players can use skills learnt in training allocation time in real-time game play.
- ✓ As players grow in endurance and skill over the course of the year we will be aiming to move into full 40 minutes games in Term 4 to help those moving up an age group the following year.

YEARS 2 & 3 MODIFIED RULES

Lakeside's 2 & 3 competition has stepped variations to rules across the different age groups. This is to assist the athletes in these age groups build on their skills and slowly adapt to the rules of the game. Please see below an outline of the modified rules for these groups.



Year 2 & 3 Boys Division 1

- ✓ No double teams. Play will be stopped with ball in from the side.
- ✓ Man-to-man defence only.
- ✓ Half-court defence after a score.
- ✓ Fouls, violations, and double-dribbles to be called.
- ✓ Cross court will be called.
- ✓ Free-throws to be taken from 10ft line (No line violation will be called if they jump over).
- ✓ Full height rings will be used.
- ✓ Scores will be displayed on the scoreboard.
- ✓ No finals games will be played.
- ✓ Coaches to remain at the bench during the game.



Year 2 & 3 Boys Division 2 and below AND Year 2 & 3 Girls Division

- ✓ No double teams. Play will be stopped and possession given back to them.
- ✓ Strictly half court man-to-man defence only.
- ✓ 3, 5 and 8 second violation calls will not be called.
- ✓ All fouls, major travels, and double-dribbles will be called.
- ✓ Cross court violations will not be called.
- ✓ Free throws will be taken from a revised free throw line.
- ✓ Games will be played on lowered (8ft high) rings.
- ✓ No scores will be displayed on the scoreboards.
- ✓ No finals games will be played.
- ✓ Coaches to remain at the bench during the game.

PLAYING RULES

WABL PLAYER RESTRICTIONS

Lakeside enforces a restricted player policy for all junior domestic seasons. For Semester 1 and 2 the WABL restriction is based on the 2025 WABL Season.

Please review this policy here: [Restricted Player Policy](#)

Each team may have no more than three restricted WABL players registered to their team each season.

A restricted WABL player is as follows:

- U12 Championship
- U14 Championship & Division 2
- U16 Championship & Division 2
- U18 Championship & Division 2

WABL athletes playing above their domestic age group may be exempt from the WABL cap.

That is:

- If a WABL player is in Year 4 or 5, but is playing in the Year 6 & 7 age group they may be exempt from the WABL cap.

The Year 10/11/12 Girls Divisions may have revised WABL restrictions to maintain competition viability.

Teams with more than three restricted players will not be accepted.

ZONE DEFENCE POLICY

A no zone policy is applied to Pre-Primary – Year 9 across all Lakeside junior domestic competitions. A zone will be judged on if a player(s) is defensively guarding space and not actively guarding a player for an excessive amount of time.

A team that has been identified as playing a zone by a Court Controller or Referee Coach, will be issued a warning to the coach, if the zone continues then the coach will be issued a technical foul.

CRITICAL DATES



2026 TEAM EXPRESSION

2026 Team Expression Applications will open on **Monday, November 17th**.

Applications will close on **Sunday, December 7th**.

After this date you will still be able to submit an EOI, however, your application will be assessed after the Christmas/New Year Break.

If you are a part of a Lakeside club, please reach out to your clubs coordinator.



GRADING

Grading for Semester 1 will begin the week of **Monday, February 2nd**. Grading will take place over a 3 week period. Semester 2 grading will begin the week of Monday, July 20th.

After this 3 week period, teams will be allocated to divisions decided by the Lakeside Competitions Team.

All grading allocations are made based on team data and statistics to ensure appropriate divisions are created.

Lakeside does not take team division requests.



ROUND ONE

Round 1, Semester 1 will commence the week of **Monday, February 23rd**.

Round 1, Semester 2 will commence the week of **Monday, August 10th**.

All grades will be monitored throughout the season, and further **grading is at the discretion of Lakeside.**

Teams will be contacted if movement is deemed necessary.



FINALS

Finals games for both semesters are played the two weeks prior to the generic school year break.

Semester 1 will have semi-finals allocated for the week beginning **Monday, June 22nd**, and grand finals played the following week starting **Monday, June 29th**.

Semester 2 semi-finals will be played the week starting **Monday, December 7th**, and grand finals playing the week of **Monday, December 14th**.



EXCEPTION DATES

Semester 1 exception dates will include the following:

- **Labour Day – March 2nd**
- **School Holidays – April 3rd to April 19th**
- **ANZAC Day – April 27th**
- **WA Day – June 1st**

Semester 2 exception dates will include the following:

- **School Holidays – September 26th to October 11th**

LAKESIDE JUNIOR DOMESTIC 2026

JUNIOR DOMESTIC GAME GRID

| | | Lakeside C1 | Lakeside C2 | Lakeside C3 | Lakeside C4 | Kennedy C1 | Kennedy C2 |
|-----------|----------------|---|----------------------------|-------------|-------------|---|------------|
| MONDAY | 3:50 – 4:35 PM | | Years 4 & 5 – Boys & Girls | | | | |
| | 4:35 – 7:35 PM | Years 4 & 5 – Boys & Girls | | | | | |
| | 5:00 – 7:15 PM | | | | | Years 4 & 5 – Boys | |
| TUESDAY | 3:50 – 4:35 PM | | Years 8 & 9 – Boys & Girls | | | | |
| | 4:35 – 7:35 PM | Years 8 & 9 - Girls & Boys Years 10, 11 & 12 – Girls | | | | | |
| | 5:00 – 8:50 PM | | | | | Years 8 & 9 – Boys Years 10, 11 & 12 - Girls | |
| WEDNESDAY | 3:50 – 4:35 PM | Years 6 & 7 – Boys & Girls | | | | | |
| | 4:35 – 7:35 PM | Years 6 & 7 – Boys & Girls | | | | | |
| | 5:00 – 8:00 PM | | | | | Years 6 & 7 - Boys | |
| FRIDAY | 3:50 – 6:50 PM | PP – Year 1 – Mixed & Girls Years 2 & 3 – Boys & Girls | | | | | |
| | 6:50 – 9:50 PM | Years 10 & 11 Boys Year 12 Boys | | | | | |
| | 5:00 – 6:30 PM | | | | | Years 2 & 3 Boys | |
| | 6:30 – 9:30 PM | | | | | Years 10 & 11 Boys Year 12 Boys | |

LAKESIDE BY-LAWS

Lakeside has variety of by-laws in place for all programmed basketball competitions to ensure fair and safe play for all. There will be some changes to the by-laws relating to Junior Competitions for 2026, these changes will be released in January 2026. Please familiarise yourself with our by-laws prior to the commencement of the season.

You can access our By-Laws via our website under *Documents*, or the following link: [Lakeside By-Laws](#).

If you have any queries please reach out to info@lakeside.asn.au.

UNIFORM POLICY

Players wearing incorrect uniforms without an exemption after our 3-week grading period will incur a 2 point penalty per player. The points will be awarded to the opposing team.

Correct uniform includes:

- ✓ Compulsory Lakeside Domestic Shorts that all players will be required to wear.
- ✓ Existing teams with custom matching shorts will be allowed to continue using their shorts
- ✓ Team jersey with a visible number back and front
- ✓ No undershirts allowed (compression wear is accepted)



No uniforms from other basketball club or associations may be worn.

CODE OF CONDUCT

Lakeside Recreation Centre is owned by Lakeside Baptist Church. At Lakeside, we believe everyone who enters our Centre has the right to feel safe on and off the court. Our aim is to hold ourselves, and others to a high moral standard. Sport is intended to be a recreational activity for enjoyment and health.

This code of conduct has been developed to give participants some guide to the expectations it has on those participants. It is intended to assist everyone to obtain the maximum benefit and enjoyment from their involvement in any sport at Lakeside Recreation Centre.



Please review our code of conduct prior to the season via this link: [Lakeside Code of Conduct](#)

2026 FORFEIT POLICY

FORFEITS

We understand that sometimes unexpected things happen, and a team can't make their scheduled game. We have a forfeit fine system in place to discourage teams from forfeiting when they have one or two players unavailable. This is to encourage teams to find fill-in players so that the game can continue. Teams have the option of contacting the Competition Team to access Waitlist Players for their team, ensuring that players from both teams can continue to play.

Without a forfeit fine system in place, teams may not show up for their game, forfeit on the day, or at the last minute, which impacts the scheduling for the day and causes frustration for other participants. Each forfeit, especially those with short notice has a flow-on effect for other teams, referees, and staff. When a team forfeits, our staff spend additional time:

- ✓ Contacting the opposition team and adjusting PlayHQ.
- ✓ Adjusting referee rosters
- ✓ Updating timetables and communicating changes to the Competition Admin team and game day staff to ensure the competition continues smoothly.

The behind the scenes adjustments take time and resources to keep the competition running smoothly. Ultimately, our aim is to reduce forfeits and support teams in finding players when needed.

To help to keep the competition fair, organised, and sustainable for all participants, we have a forfeit policy in place. When a team forfeits a game and a forfeit fine is paid, the team that was forfeited against will receive a credit of the forfeit amount (issued as a Play HQ voucher only) at the end of the season. If payment for that forfeit is not received due to a forfeit with sufficient notice, no credit will be given to the Team Forfeited against.

Please note that credits are only provided at the completion of the season.

HOW TO FORFEIT

FORFEITS

We understand that sometimes things come up and a team can't make their game.

If this happens, please let us know as soon as possible. If a team is unable to play and must forfeit their own game, notification of a plan to forfeit is preferred at least 1 week in advance of the actual game time

- ✓ A Forfeit fee will be applied if a team forfeits within 24 hours of the game in line with the table below.
- ✓ Fees must be paid before the commencement of the team's next game. Failure to pay by this date may render the team financially in arrears. This will mean no game points will be registered and the teams' finals eligibility will be adjusted until fines are paid.
- ✓ No Forfeit Fees will be charged for games during the grading period, as we acknowledge the delay in the notice of games.
- ✓ Forfeits Fees are in place to deter forfeits, if you require assistance with accessing fill in players to avoid forfeits please do not hesitate to reach out to programs@lakeside.asn.au

| JUNIOR FORFEIT FINES | |
|-----------------------------|---------|
| More than 24 hours' notice | No Fine |
| Less than 24 hours' notice | \$50 |

We appreciate your understanding and cooperation in helping us maintain a reliable and positive competition environment for all players, teams and officials.

HOW TO PLAY

FILL-IN PLAYERS

If a player wishes to play on a team but not as a fully registered player, they must register through our fill-in process.

The fill-in player registration link will be accessible at the start of the season via our website, and QR codes will be located on all score benches during the season.

Once a fill-in player has registered via PlayHQ and paid the \$13.00 fee, acting team managers need to contact info@lakeside.asn.au informing the players full name and what team they will be filling in for. The player will then be allocated to the team for that weeks game and be selectable on the game line-up.

If a player is going to play as a fill-in and already plays in a Lakeside registered team, they must ensure the team they are filling-in for is either a division or age group higher. **Players CANNOT play down in either age groups or divisions.** If a player is playing out of their correct age group they are unable to fill in for a team in their correct age group.

That is:

- If a Year 5 is playing in the Year 6 & 7 age group, they **CANNOT** fill in for a team in the Year 4 & 5 age group.

Players are also **NOT** allowed to play under a different players name and jersey number - this is for a variety of safety reasons, mainly that if player becomes injured, they will not be shown as 'on court' whilst the injury occurred and will not be able to claim on their BWA insurance.

WAITLIST

If you are wishing to join Lakeside's junior domestic competition but are an individual player yet to find a team, the best way to get on the court is to register to our waitlist: <https://www.playhq.com/basketball-wa/register/960d5c>

Players on the waitlist are not guaranteed a spot on the team. Positions are relative to the number of teams reaching out for additional players.



For further enquiries please contact
LAKESIDE COMPETITIONS TEAM

 9310 7700

 2 Bibra Drive, North Lake 6163

 <https://lakeside.asn.au>

 programs@lakeside.asn.au