



LAKESIDE LIGHTNING 2026 WABL HANDBOOK



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Who we are as an organisation

“Where it is more than a game.”

These are the words that drive everything we do. At Lakeside, we endeavour to run an excellent community facility, providing quality services and programs that develop and grow people in all areas of their life – physical, mental, spiritual, and social. You can find out more about Lakeside on our website (<https://lakeside.asn.au>).

The Lakeside Recreation Centre, and Lakeside Lightning are community services provided by Lakeside Baptist Church, which holds the licence for the Lakeside Lightning, which competes in the NBL1 West and WABL.

While our domestic junior basketball program includes currently 288 teams and over 2000 players, our Lakeside Lightning teams are representative teams that compete in WABL. Our two semi-professional teams, women and men, compete in the NBL1 West.

The Lightning program exists to have a positive impact on our community. Although we will never force our beliefs on anyone, we will also not hide them. Throughout your time with the Lightning, you will hear more about our faith and how that drives us to serve our community in this way.

Thank you for being a part of the Lightning program!

Who do I call if I have a question?

While this handbook should answer most of your questions, we know you may have many more during the year, especially if you are a first time WABL parent.

Here's who to call:

- If you have basic questions in relation to your team, your team manager is your first port of call. If they cannot answer your query, they will likely reach out to our Lightning Operations Co-ordinator or the Lead Coach for your age group.
- If you have questions about your child's progress or their court time, you can reach out to the head coach for your team. We ask that all communication be respectful and adhere to the 24 hours rule (unless urgent, please do not message within 24 hours of the end of a game). The head coach may be able to answer your query via text, phone call or meeting. They may also ask the Lead Coach for the age group to respond or join in for any discussion.
- If you have basic questions in relation to the club, contacting our Lightning WABL Administration Team via wabl@lakeside.asn.au is your best port of call. They will be able to answer your query or direct it to the appropriate person.
- If you feel you have a significant concern and are not comfortable approaching any of the above people, our Lightning General Manager can be contacted. Again, they will be able to answer your query or direct it to the appropriate person.
- Players, parents, coaches, or team managers should not contact Basketball WA directly.

Key Leaders

Lightning General Manager	Jake Breytenbach	jake.breytenbach@lakeside.asn.au
Lightning NBL1 Operations Co-ordinator	Daniel Highman	nbl1@lakeside.asn.au
Lightning WABL Operations Co-ordinator	Chanelle Clifford	chanelle.clifford@lakeside.asn.au
Volunteer WABL Administrator	Emma Prue	wabl@lakeside.asn.au
WABL Uniforms Coordinator	Rachel Ford	uniforms@lakeside.asn.au
NBL1 Mens Head Coach	Steve Bezant	nbl1@lakeside.asn.au
NBL1 Womens Head Coach	Craig Mansfield	nbl1@lakeside.asn.au
Volunteer NBL1 Administrator	David Olley	nbl1@lakeside.asn.au
Event & Community Engagement Officer	Tanya Stipinovich	tanya.stipinovich@lakeside.asn.au
Lightning Leadership Team	Jake Breytenbach, Jarrad Prue, Aaron Ford, Rishi Wijay and Jimme Payne	
Senior Pastor	Dan Walz	church@lakeside.asn.au
Church Management Team		management.team@lakeside.asn.au



TCD WABL Championship Overview

The TCD Western Australian Basketball League (WABL) Championship is WA's representative elite junior basketball competition.

Basketball associations (clubs) from Perth, the Hills, Rockingham, Mandurah, and Bunbury field teams in this competition.

Each club is invited to enter up to four teams (10 players per team) in each of the following age categories (boys and girls):

- **U12** (players born in calendar year 2015/2016/2017)
- **U14** (players born in calendar year 2013/2014)
- **U16** (players born in calendar year 2011/2012)
- **U18** (players born in calendar year 2009/2010)
- **U20** (players born in calendar year 2007/2008)
- **U21** Women only (players born in calendar year 2006/2007/2008)

WABL Divisions

WABL currently has 6 divisions.

Division 1-5 have 8 teams to focus on a competitive experience. BWA is considering allowing Division 1 to increase to 10 teams to capture more associations and high performance athletes.

Division 6 can have up to 12 teams.

Division 1, known as "Championship Division" only allows for 1 team per association. However associations can have multiple teams in all other divisions pending grading results.

Grading Tournament

Once Lakeside Lightning nominates our teams, we are required by Basketball WA to participate in a grading tournament. From the grading tournament, Basketball WA determines which division each of our WABL teams will compete in for the season.

Teams that have already qualified for Championship Division through the 2025 State Championships Tournament will not be required to compete in the Grading Tournament.

Dates for your child's grading tournament are on the [2026 WABL Calendar & Training Grid](#).

Please understand that whilst we nominate our teams for a hoped for division, it is dependent on the grading tournament results. Teams are also impacted by the results of the division 1 grading tournament in that, teams competing to grade into division 1 who are not successful, automatically qualify for division 2. This can then have a ripple effect, bumping other teams down in divisions due to the 8 team capacity limit.



2026 WABL Calendar & Training Grid

Attached to this handbook is our [2026 WABL Calendar & Training Grid](#). This document provides key dates and information for the 2026 WABL year. It should be read as a part of, and alongside, this handbook.

Trainings

Players are expected to attend ALL training sessions. Players need to notify their Team Manager if they are unable to attend a training session due to contagious illness.

The [2026 WABL Calendar & Training Grid](#) provides details on training times and locations. If there are unforeseen changes to this timetable, you will be advised by email.

Mid-week training and Saturday WABL Skills will continue throughout the WABL season, both are compulsory.

Players are expected to wear a Lightning reversible singlet and Lightning black shorts to training. WABL game uniforms are not to be worn to training.

Players should also wear a mouthguard and bring a water bottle and the correct size named basketball to all training sessions.

Under 12 Boys and Girls	Size 5
Under 14 Boys and Girls	Size 6
Under 16, 18 & 21 Women	Size 6
Under 16, 18 & 20 Men	Size 7

Training Absence

We understand that athletes have commitments outside of basketball, and there will be times when these may impact their ability to attend training. For example, school camps or other important events. We ask that all absences are communicated to the Team Manager as early as possible.

If an athlete expects to have ongoing or regular absences, they must contact the WABL Administration to discuss a possible exemption.

Athletes who frequently miss training, including Saturday skills sessions, without a valid reason or an approved exemption may experience reduced court time. In rare and more serious cases, an athlete may be removed from the program to allow a committed athlete the opportunity to participate.

Health & Nutrition

Athletes competing in representative basketball are encouraged to prioritise adequate sleep and nutrition to support performance, development and recovery.

Basketball WA partner Fuel to Go & Play provide a number of free resources to educate Athletes on health and nutrition. Some examples are provided below:

[Fuel for Sport](#)
[Fuelling Best Performance Basketball](#)



High Performance Programs

BWA runs high performance programs and selects state representative teams. Players selected in these programs and teams should inform their head coach of their commitments, especially any clashes with Lakeside commitments. Lakeside understands that state commitments are a higher priority than club commitments and will support the player in their basketball journey.

Internal High-Performance Pathways

Our NBL1 Head Coaches will be hosting an information session toward the middle of the WABL season regarding pathways into our NBL1 program. Athletes and parents will be encouraged to attend.

Eligibility: Domestic Basketball and Clearances

It is a club requirement that WABL players play in a Lakeside Domestic Basketball competition. Exemptions may be granted by the Lightning Leadership Team.

Please join the [WABL Player priority waitlist](#) here.

Any player selected to play in the 2026 WABL season for Lakeside Lightning, who played in the 2025 WABL season or State Championships for another club, will need to request a clearance:

View [BWA Clearance Policy & Online Form](#) here.

Clearances need to be approved by BWA prior to the WABL Grading tournament.

Games

The WABL season dates are in the [2026 WABL Calendar & Training Grid](#).

Once published, fixtures and results can be found on the [PlayHQ website](#).

Games are played on Sundays over a 16 week season, from 7:30am through to late afternoon games depending on court scheduling. Please note, there is a WABL Bye on Sunday July 12th and no WABL games are played during the Winter Classic on Sunday July 19th.

WABL attempts, where possible, to have as many Lightning teams playing at the same venue each week, but this is not guaranteed. Lightning teams may be playing across multiple venues across Perth, Mandurah, and Bunbury on the same day.

Finals are played over a three-week period at the conclusion of the regular season, ending with Grand Final games on Sunday the 13th of September

Players and Coaches are expected to arrive at games 30 minutes prior to the start time.

Winter Classic Tournament

In 2024 Basketball WA was pleased to introduce the Winter Classic Tournament to the WABL calendar.

For the inaugural Winter Classic in 2024, WABL teams and Regional Associations were invited to nominate for the mid-season tournament, which included age groups of Under 12's, Under 14's, and Under 16's.

BWA will host the Winter Classic again this year on the 18th & 19th of July.

We will release more information of Lightning's involvement when it becomes available. Participation will not be mandatory.



Development Players

The Lakeside Lightning value the role of WABL Development Players (DP's). These positions are offered at the discretion of the WABL Age Group Lead Coaches.

Offering these roles allow us to work with players who have not made WABL teams, but are identified as having potential to play in a WABL team in the future. The benefit to the team is that there are additional options at training, as well as players to graduate up into the WABL team should the coach elect to replace an unavailable player.

In general:

- DP's are considered part of the age group squad and will be treated that way.
- They can expect a year of quality training and are invited to all squad / club events.
- Given this is a training position, a DP should not expect to play games, however, is invited to attend games and be part of the team on the bench. DP's need to wear official Lightning warm up gear when sitting on the bench.
- In the case of injury or another player being absent, a coach may invite a DP to play in a WABL game (subject to WABL by-laws and the coach's discretion).
- DP's can expect coaches to involve them in training, which will assist in skill development and game understanding, with the view to progressing to full team selection in future seasons.

Court Time

Court time expectations can be a contentious issue for parents, players, and coaches to navigate. As a starting point, it is important for all involved to understand that representative basketball is different from domestic basketball, and accordingly players will have different court time allocations.

Our volunteer coaches have the difficult task of balancing many priorities.

Court time may depend on many factors, including:

- A subjective view on the needs of each team in each game situation
- The team development goals
- The individual's overall development
- Relevant skills
- Height and athleticism
- Attitude and receptiveness to coaching and instruction
- Commitment and availability for training
- The specific age group and grade that is being coached

It is impossible for any coach at any level to get that balance perfect every game. For that reason, and many others, we encourage parents and players to not criticise coaching decisions. Though, please see the 'Who do I call if I have a question?' section if you feel that you need to speak to a coach about your child's court time.

We encourage Coaches for regular season games (not grading or finals), to follow our recommendation of minimum court time as follows:

- **U12's:**
Team 1, 4 minutes per half.
Team 2, 3 & 4, 5 minutes per half.
- **U14's, 16's & 18's:**
Team 3 & 4, 4 minutes per half.
- **U14's, 16's, 18's & 20's:**
Team 1 & 2, no minimum minutes but all will get the opportunity to play.

Grading and finals games will not have any minimum minute's requirement.

Fees & Costs

WABL fees must be paid by the due date for players to participate in the grading tournament and be eligible to compete in the WABL season.

WABL is a significant expense, and we understand this can be a struggle for families to manage. Please feel free to contact the Lightning Operations Co-ordinator if you are unable to pay your fees within the required timeline.

We encourage families to make use of the PlayHQ partnership with PayPal for their embedded payment plan option.

In summary, 2026 FEES:

- **WABL Fees \$625**
- **WABL Development Player fees \$312.50 (50% discount)**

In previous years WABL camp was paid as a separate fee. WABL camp is now incorporated in the WABL fees as it is compulsory to attend.

WABL Registration and payment details will be made via PlayHQ.

Please note: WABL Fees are club specific. These fees cover training, court hire, grading tournament, balls, loan playing jerseys, BWA fees, staffing, and other club costs.

During the 2026 WABL Season there will be a fee for players for each WABL game. The expected cost can be \$15 per player. Players are not eligible for inter-venue passes and must pay the \$15 per game they compete in on that day.

TeamPay

In 2024 BWA introduced the use of the TeamPay App for WABL Game Day fees.

Parents will need to download the App and register their Child to their team.

We will provide the relevant code to do so once TeamPay make the 2026 codes available.

Please see attached documents to help with the use of TeamPay.

[Quick Set-Up Guide](#)

[Parent Information Pack](#)

Refunds

When committing to represent the Lakeside Lightning, we ask players to commit to the entire season. We therefore do not offer refunds for any other reason than serious injury which prevents any further participation in the program. In this instance a fee reduction will be negotiated depending on the timing within the season. A medical certificate will be required.

WABL Uniforms

Each athlete is required to have the following official Lightning training gear –

- Reversible Lightning training singlet
- Black Lightning training shorts (Same as Lakeside Domestic Shorts, available at front reception)
- Lightning warm up top
- Purple Lightning game shorts

Playing jerseys are loaned at no additional cost and must be returned to your Team Manager (unless you have a sponsored jersey) at the end of the season. It is an expectation that the playing jersey will be returned in good condition. Players may be asked to pay a replacement fee if the playing uniform is damaged. Players are not to train in the playing uniform.

Purple game day shorts should look clean and tidy. Players may be asked to purchase a new pair if they are not presenting in good condition.

Training gear & game day shorts can be ordered from ID Athletic when our Club Store is open:

<https://idathleticshop.com/product-category/basketball/lakeside-lightning/>

WABL Merchandise

We are excited to offer our Nike merchandise through Courtside Team.

You can purchase your Lightning merchandise through the following website:

<https://lakeside.asn.au/store>

We also have stock available from front reception.

Complimentary Public Entry

WABL players receive free public entry for casual shooting during the WABL season at Lakeside, if court space is available. WABL players must check in at the front counter and inform staff they are a Lightning WABL player before accessing the courts.

This does not include free court hire. If players wish to guarantee a court they need to hire in line with the Rec Centre hire rates.



Injuries & Medical Certificates

If an injury is sustained during WABL training or a WABL game, a Coach or Manager should notify the stadium Duty Manager and ensure an Incident Report is completed. Incident reports are required for insurance claims. Forms can be completed at Lakeside if the injury is sustained at Kennedy or CBC.

If a player is unable to compete in games due to injury, a medical certificate should be provided to the Lightning WABL Administration via wabl@lakeside.asn.au

This medical certificate will be used to place the athlete on the BWA Injured list and needs to be done within 14 days of the injury.

This is important in order for us to justify the need for substitute players, and for finals eligibility.

Prior to returning to games, Lightning WABL Administration will need to be notified that the player is cleared and returning, so we can remove them from the BWA Injured list.

Where physically possible we expect that injured players still attend games and training to support their team and continue learning from the bench.

If a player is unwell with something contagious, such as a flu, tummy bugs or the like, they should not attend training and games until they are well and outside the contagious period.

In the event of an emergency please first call 000 for emergency services and then notify Lakeside by calling 9310 7700.

Information on insurance coverage is provided by Basketball WA here: <https://vinsurancegroup.com/basketball/>

Injury Management

It is important that injuries are treated seriously and responded to with the appropriate level of medical attention.

If medical attention has been required for an injury, then we ask that parents / athletes ensure they are medically cleared to return to training & games before doing so. Coaches will be happy to work with limited minutes & return to play plans should that be recommended by the medical practitioner overseeing the recovery.

Any suspected concussion (significant head or neck knock) should result in the player immediately ceasing training or play and should be attended to by a medical practitioner. Should the concussion be confirmed, the athlete will need to follow a return to sport plan as outlined by their medical practitioner and not return to training or sport until medically cleared to do so. Lakeside WABL Administration must be notified of any concussion diagnoses.

Below are some helpful tools for understanding and responding to concussion.

[Australian Concussion Guidelines for Youth and Community Sport](#)

[Concussion Recognition Tool \(CRT6\)](#)

[Headcheck](#)

Appropriate injury management is the responsibility of the parents & athletes. However, should a Coach or Lightning staff member feel adequate medical attention has not been provided then a discussion will take place with the family prior to the athletes return to court.

In some cases, Lightning Staff may request evidence of medical clearance before the athlete can return to play.



Time Management

Representative Basketball is a significant time commitment. We expect that Athletes and parents will work to prioritise their time appropriately in order to participate to the greatest extent possible in all elements of the WABL program.

Additional WABL Team Duties and NBL1 Home Games

Part of the Lakeside Lightning WABL commitment is to help at Lakeside Lightning NBL1 West home games.

At each home game a WABL team(s) will be rostered to assist with floor wiping, hospitality and set-up / pack up. Team Managers will advise when each team is on duty and which tasks require volunteers.

All Lakeside Lightning WABL players, coaches and team managers receive free entry to every NBL1 West home game at Lakeside (if they arrive before tip-off of the first game). It is always great to see our Lightning community at our games. Please wear your Lightning gear to show support for our teams.

Dates and times of our NBL1 West games are available on our website (<https://lakeside.asn.au/nbl1>)

Additionally, we are always on the lookout for volunteers who are able to assist in the areas of score-able, statistics, sound / music, set-up, pack-down, and court announcing at home games. Please contact our Lightning Operations Co-ordinator if you would like to be involved.

Social media

We acknowledge the benefits and dangers of social media. We ask that all Lightning Players, Parents, Team Managers, Volunteers, and Coaches be considerate when using social media and representing Lakeside Lightning.

Whilst it is exciting to post images of your child playing basketball on social media, it is also important to ensure you have consent before posting images of other players.

We ask that all use of social media is to positively engage, support and encourage the WABL program as a whole.

Part of the WABL program can involve games or training being filmed for athlete development. Where film will take place, parents will be notified and informed of the purpose.

We love celebrating our community and need your help to keep up with all the great achievements taking place. If you know of something worthy of celebration that we can highlight on social media, please share it with us via our social media submission platform:

<https://lakeside.asn.au/socialmediasubmission/>



Code of Conduct

We expect ALL in the Lakeside Lightning community to behave in line with our Lakeside Code of Conduct, Lightning Coach Code of Conduct and BWA's Zero Tolerance Policy.

[Lakeside Code of Conduct.](#)

Basketball WA's zero-tolerance policy relates to unsportsmanlike behaviour for players, coaches and spectators. Lakeside Lightning supports this policy and asks that respect is shown to all players, coaches, officials and spectators when representing our club.

BWA Zero Tolerance Policy: [BWA-Zero-Tolerance.pdf](#)

BWA E-Points System

In 2024 BWA introduced the E-points Behaviour Management system into WABL to continue to work towards a fun, safe and respectful environment for all involved. Teams are awarded 2 E-Points for games where they maintain a positive game day environment.

E-Points contribute to WABL Ladder standing the same way premierships points do.

- Win: 2 premierships points + 2 E-Points (4 points total)
- Loss: 0 premierships points + 2 E-Points (2 points total)
- The total points will be reduced should a team breach the E-Point system

In 2025 BWA further enhanced the E-Point system by implementing the below:

Teams that accumulate 3 or more E-Point deductions during the season will be deemed ineligible for finals.

We ask that all parents, athletes, coaches & spectators ensure they behave in a respectful manner to mitigate any loss of E-points.

Understanding the Point Scale:

Technical Foul on Coach:	-1 Point (e.g., abusive language towards players or refs)
Disqualifying Foul:	-1 Point
Player/Coach Reported:	-1 Point
Poor Spectator Behaviour:	-1 Point (e.g., swearing at referees or players)
Breach of Code of Conduct:	-1 Point (related to inappropriate game day behaviour)

To further understand the system please see more details on BWA's website here:

[Environment Points \(E-Points\) System Explained](#)

Disciplinary Action

Lightning Coaches, players, and spectators are expected to at all times behave in a manner that represents our club positively. This includes, on court, off court, domestic games and WABL games. Those who do not conduct themselves in a manner that is in line with the aforementioned Policy's and Codes of Conduct may face disciplinary action.

All negative or disruptive behaviour is to be reported to the Lightning WABL Operations Coordinator. The Coordinator will discuss the situation with the relevant people involved (Coach, family, staff member) and Lightning General Manager to agree upon appropriate disciplinary action.

Disciplinary action may include, but is not limited to: Removal from team, venue ban, game day ban, community service hours, removal from program.



Players' responsibilities and commitment

We consider it a privilege to be selected to represent Lakeside Lightning as a WABL Player. Wearing Lakeside purple comes with responsibilities and requires your dedicated commitment. We ask that all players work hard to represent Lakeside Lightning in a positive manner. This includes before, during and after games, at training, and at any other time that you are representing Lakeside.

Part of your commitment involves honouring your coach by always coming ready to work hard and learn. Honouring your team by committing to playing together and always showing respect to each other, and honouring yourself by making the most of this opportunity.

Lightning Athletes are expected to do the following:

- Demonstrate a high level of sportsmanship. Play by the rules and accept referee decisions.
- Follow Coach Instructions during training sessions and games to develop to the best of your ability.
- Play and train with a positive attitude and treat teammates, coaches, opposition, officials and spectators with respect.
- Work hard to improve skills and develop your own game. Engage in individual practice in your own time, outside of structured team trainings.
- Refrain from obscene/offensive language or gestures as this does not fit with the Lakeside culture.
- Wear the Lakeside Lightning uniform with pride and represent Lakeside in a positive manner.
- Strive to win, but not at all costs.

Please ensure you read carefully our Lakeside Code of Conduct and participate positively with the WABL program.

Parents' responsibilities and commitment

Without the support and many hours of commitment from parents, representative basketball such as WABL would not happen. We appreciate that your child playing WABL takes a lot of time, travelling, money and energy. We thank you for supporting them in their basketball journey!

We ask for your assistance in the following ways:

- Acknowledge that Coaches and Team Managers are volunteers who are working to do their best. Show support and appreciation for their efforts.
- Ensure your child is at training and games on time.
- Encourage and support your child AND their team by applauding all good play.
- Support your child in dealing with difficult decisions in a positive manner.
- Communicate well with the Lakeside Lightning on behalf of your child. I.e, check your emails and notify of absence.
- Help with the Parent Score bench Roster.
- Support our Lakeside culture by showing respect at all times.
- Refrain from obscene/offensive language (swearing) as this does not fit with the Lakeside culture.
- Refrain from sideline coaching, let the Coaches coach.
- Encourage the continued enjoyment & participation of all people involved.

Please ensure you read our Lakeside Code of Conduct and participate positively with the WABL program.

Score table Duty

It is compulsory for all parents to be on the Score table roster. Team Managers will release a roster for the Grading tournament and WABL season.

We will provide a specific Score table training session prior to Grading and ask that all NEW parents ensure they attend. Scoring at WABL games is different from Domestic games and can be much more intense. Please ensure you attend the training as we expect all Parents to be able to fulfil this duty.



Coaches

Lakeside Lightning appoint Lead Coaches to each age group, and Head Coaches to each team under the oversight of the Lead Coach. Head Coaches are ultimately in charge and responsible for their specific team: this includes the safety and behaviour of their team.

All Lightning Coaches are offered support, training and guidance from our Lightning Administration & Leadership Team.

Our Coaches have current Working with Children Checks or Police Clearances, agreed to adhere to our Lakeside Code of Conduct, and completed the relevant training for their level of coaching. We are also implementing all Coaches completing the Basketball Australia Safeguarding Children in Basketball course.

Coaches' responsibilities & commitment

- Demonstrate and encourage a high level of sportsmanship
- Develop individual players to the best of their ability
- Develop teams, taking into account individual and team abilities
- Deliver structured training sessions and game plans to suit each age group in line with Lakesides style of play
- Attend regular coaches meetings to ensure continued coach development

- Refrain from obscene/offensive language or gestures as this does not fit with the Lakeside culture
- Behave and communicate in a respectful manner to all players, opposition, officials and spectators

Please note, our coaches volunteer their time to do this valuable role and we ask that they are shown support and appreciation.

Team Manager role and responsibility

Team Managers are volunteers who assist coaches & Lakeside with the organisational aspects of co-ordinating each team. Team Managers have no involvement in the Coaching of the team.

Team Managers assist with the following:

- Establishing a reliable form of team specific communication
- Manage uniforms for the team
- Manage organisation of the team on game days, including the parent score bench roster
- Take responsibility for the team Game Ball
- Support with water & seeking first aid if required
- Manage Team Pay for WABL games

Our Team Managers are supported by the Lightning Operations Co-ordinator.



Associations and WABL Venues

Games for the WABL season will be fixtured at the following venues. Please check fixtures carefully to know which venue you are required to play at.

Binar Maali

Swan Active Midland
Gray Drive, Midvale

Cockburn Cougars

Wally Hagan Stadium
8 Starling Street,
Hamilton Hill

East Perth Eagles

Morley Sport & Rec Centre
Cr Wellington Rd & Mancini St,
Morley

Hills Raiders

Mundaring Arena
50 Mundaring Weir Road,
Mundaring

Joondalup Wolves

HBF Arena
21 Kennedy Drive,
Joondalup

Kalamunda Eastern Suns

Ray Owen Recreation Centre
Gladys Road,
Lesmurdie

Lakeside Lightning

Lakeside Recreation Centre
Cnr Bibra Dr & Farrington Rd,
North Lake

Kennedy Baptist College

Murdoch University Entrance
Farrington Road,
North Lake

Mandurah Magic

Mandurah Aquatic &
Recreation Centre
303 Pinjarra Road,
Mandurah

Perry Lakes Hawks

Bendat Basketball Centre
201 Underwood Avenue,
Floreat

Perth Redbacks

Leisure Life Centre
34 Kent Street,
East Victoria Park

Rockingham Flames

Mike Barnett Sports Complex
Dixon Road,
Rockingham

South West Slammers

Eaton Recreation Centre
Recreation Drive,
Eaton
South West Sports Centre
1 Rotary Avenue,
Withers

Warwick Senators

Warwick Stadium
Cr Warwick & Wanneroo Rds,
Warwick

Willetton Tigers

Willetton Stadium
Burrendah Boulevard,
Willetton



2026 WABL CALENDAR



School Term 1 Summary:	All WABL teams commence training the week beginning February 2nd on the days and locations as outlined in the below grid.		
27-30 January	WABL DAY CAMPS including Compulsory Parent Information Session & Provision of WABL Handbook	Tuesday 27	U18 & U20 Boys & Girls
		Wednesday 28	U16 & U14 Girls
		Thursday 29	U16 & U14 Boys
		Friday 30	U12 Boys & Girls
2 February	School Term 1 commences		
7 February	First Saturday Skills Session (see details below)		
Sunday 1 March	FIRST GRADING DAY - U14s, U18s & U20s	U14 Boys U14 Girls U18 Boys U18 Girls & U20 Boys Div 1 - U14s, U18s & U20s	@ Morley Rec Centre @ Mike Barnett Sports Complex @ Arena Joondalup @ Wally Hagan Stadium @ Willetton Stadium
Sunday 8 March	FIRST GRADING DAY - U12s & U16s	U16 Boys U16 Girls U12 Boys U12 Girls Div 1 - U12s & U16s	@ Warwick Stadium @ Mandurah ARC @ Willetton Stadium @ Ray Owen Sports Centre @ Bendat Basketball Centre
Sunday 15 March	SECOND GRADING DAY - U14s, U18s & U20s	U14 Boys U14 Girls U18 Boys U18 Girls & U20 Boys Div 1 - U14s, U18s & U20s	@ Mike Barnett Sports Complex @ Arena Joondalup @ Willetton Stadium @ Wally Hagan Stadium @ Bendat Basketball Centre
Sunday 22 March	SECOND GRADING DAY - U12s & U16s	U16 Boys U16 Girls U12 Boys U12 Girls Div 1 - U12s & U16s	@ Mike Barnett Sports Complex @ Warwick Stadium @ Ray Owen Sports Centre @ Willetton Stadium @ Bendat Basketball Centre
2 April	School Term 1 concludes / Saturday Skills breaks for 2 Saturdays		
18 April	Saturday Skills resumes (Last Saturday of holiday break)		
19 April	WABL Launch Service & Uniform Presentation		
School Term 2 & School Term 3 Summary:	All WABL Teams train as per the below grid. WABL Saturday skills sessions continue (key details below). WABL Games played every Sunday.		
26 April	First game of WABL season		
4 July	Term 2 School Holidays commence		
12 July	WABL General Bye (no games)		
19 July	BWA Winter Classic Tournament (Optional)		
20 July	Term 3 School Commences		
23 August	Last regular season WABL game		
30 August	WABL Finals Commence		
20 September	WABL Presentation Night		
School Term 4 Summary	Prior to the commencement of Term 4 we will publish another parent information pack with key details for 2026 State Champs, and 2027 WABL selections.		



2026 WABL TRAINING GRID

		Lakeside Court 1	Lakeside Court 2	Lakeside Court 3	Lakeside Court 4	Kennedy Court 1	Kennedy Court 2	CBC Court 1	CBC Court 2
MON	6:00 - 7:30pm							18 Girls T2&3	18 Girls T1
	7:30 - 9:00 pm					U21 Women T1&2	U20 Men T1&2		
TUES	7:30pm onwards					NBL1 Men			
	8:10pm onwards						NBL1 Men		
	7:35pm onwards	NBL1 WOMEN							
WED	5:30 - 7:00pm							18 Boys T4	U16 Boys T4
	7:00 - 8:30pm							18 Boys T2&3	18 Boys T1
THURS	4:00 - 5:15pm	U12 Girls T1&2	U12 Girls T3&4	U12 Boys T3&4	U14B T4 & U12B T2				
	5:15 - 6:30pm	U16 Girls T2&3	U14 Girls T2&3	U16 Boys T2&3	U14 Boys T2&3				
	6:30 - 7:45pm	U16 Girls T1	U14 Girls T1	U16 Boys T1	U14 Boys T1				
	5:10 - 6:25pm					U14 & 16 Girls T4	U12 Boys T1		
	7:45pm onwards	NBL1 MEN	NBL1 WOMEN						
SAT	7:45 - 8:45am	U12 Boys & Girls T1&2					8:00 - 9:00am	U12 Boys & Girls T3&4	
	8:45 - 9:45am	U14 & U16 Boys T1&2					9:00 - 10:00am	U14 & U16 Boys T3&4	
	9:45 - 10:45am	U14 & U16 Girls T1&2					10:00 - 11:00am	U14 & U16 Girls T3&4	
							11:00 - 12:00am	U18 Boys & Girls T1	